



Volunteer and Travel Program Schedule

Week 1: Arrival & Volunteer Program in Northern Bangladesh (Bogura, Days 1–7)

Day 1:

- Arrival in Dhaka; airport transfer to accommodation

Day 2:

- **Program induction at the hotel lobby:**
 - Meet the local program coordinator for Volunteers Adventure Travel
 - Briefing on the itinerary, activities, and expectations
 - Distribute free T-shirts to be worn during the volunteer program and travel tour activities
- **Rest of the day:**
 - Free leisure day for exploring Dhaka at your own pace. Rest day for those arriving late on Day 1

Day 3:

- Travel to Bogura village near volunteer site
- **Induction program (Day 1)** – Introduction to NIKS, Bengali History, and Cultural Context

Day 4:

- **Induction program (Day 2)** – Survival Bengali Language Skills, Cultural Dos and Don't's, Safety and security guidelines.
- Begin one of the chosen volunteer programs out of the five available: Community Development, Education for Vulnerable Children, Environmental Conservation, health Support, or Women Empowerment.

Day 5:

- Continue the selected volunteer program activities.



Day 6:

- Continue the selected volunteer program activities.

Day 7:

- Continue the selected volunteer program activities.

Week 2: Volunteer Program Activities and Field Trip (Days 8 - 14)

Day 8:

- Continue the selected volunteer program activities.

Day 9:

- **Field Trip Excursion:** To local tourist sites, Mahasthangarh and Paharpur, to explore the rich heritage of Bangladesh.
 - **Mahasthangarh:** An ancient city from the 3rd century BCE, a major hub of Bengal's history.
 - **Morning:** Depart for Mahasthangarh — explore ruins and monasteries.
 - **Paharpur:** An 8th-century Buddhist monastery, famed for terraced architecture and terracotta art.
 - **Afternoon:** Visit Paharpur (a UNESCO site), explore Sri Kanta Vihara.

Day 10:

- Continue the selected volunteer program activities.

Day 11:

- Continue the selected volunteer program activities.

Day 12:

- Continue the selected volunteer program activities.

Day 13:

- Continue the selected volunteer program activities.

Day 14:

- Conclude all volunteer program activities,
- Final reflections, sharing experiences & Certificate for completion of Volunteer Program
- Prepare for departure from Bogura.

Week 3: Travel Tour – Central & South Western Bangladesh (Dhaka, Barisal and Sundarbans, Days 15 – 21)

Day 15:

- Travel back to Dhaka from Bogura and check into accommodation.
- **Explore New Dhaka:** Evening visit to Crown Plaza for a 360 view of Dhaka skyline. Option for buffet dinner at Crown Plaza.

Day 16:

- **Old Dhaka Tour:**
 - Dhaka University & graffiti
 - Shaheed Minar, Curzon Hall, Lalbagh Fort
 - Dhaka Shori Temple, Star Mosque, Armenian Church
 - Paddle steamers, Ahsan Manzil
 - Evening: Visit National Assembly (Parliament House) and street food.

Day 17:

- **Explore Ancient Dhaka, Panam City**
 - Tour historic streets and architecture
 - Visit Sonargaon Museum

- Optional: Noapara Jamdani Palli
- **Explore Sadarghat River Port**
 - Depart Dhaka in the evening on an overnight ship to Barisal.

Day 18:

- **Barisal:**
 - Floating vegetable market
 - Water lily lake
 - Shrine of Khan Jahan Ali (UNESCO site)
 - Bagerhat UNESCO sites: Sixty Dome Mosque, Nine Dome Mosque

Day 19:

- **Khulna & Sundarbans:**
 - Travel from Barisal to Khulna via Mongla, then proceed to Sundarbans
 - Explore Sundarbans: canal cruising, honey hunting, tiger attack survivor.

Day 20:

- **Sundarbans:**
 - Village visits, wildlife sanctuary at Karamjal, wildlife viewing points.

Day 21:

- **Return to Dhaka**
- shopping at Dhaka's famous **New Market** in the evening. New Market serves as a direct outlet from the world's largest garments industry.

Week 4: Travel Tour – Northeastern and Coastal Bangladesh (Sylhet, Sreemangal, Chittagong and Cox's Bazar, Days 22–29)

Day 22:

- **Dhaka to Sreemangal:**
 - Morning train journey to Sreemangal
- **Explore Sreemangal:**
 - Madhobpur Lake
 - Lal Pahar
 - Tea Gardens
 - Monipuri Markets
 - 7-layer tea

Day 23:

- **Sreemangal:**
 - Pottery village
 - Khasia tribe village
 - Lawachara National Park
 - Big Tea Garden & tea markets

Day 24:

- **Sreemangal to Sylhet:**
 - Train to Sylhet
- **Sylhet:**
 - Kean Bridge
 - Shahjalal Shrine
 - Bichanakandi
 - Shada Pathor boat cruise.

Day 25:

- **Sylhet:**
 - Long drive to Indian border
 - Ratargul Swamp Forest
 - Lalakhal boat cruise
 - Jaflong Zero Point.
- **Chittagong:**
 - Night train to Chittagong

Day 26:

- **Explore Chittagong:**
 - Fish Market
 - WWII Cemetery
 - Patenga Sea Beach
 - Traditional local food in restaurants

Day 27:

- **Travel to Cox's Bazar:**
 - Explore Marine Drive, Himchari Waterfall, Inani Coral Beach, Cox's Bazar main beach with the hop-on-hop-off bus.

Day 28:

- **Cox's Bazar:**
 - Deep-sea fishing (optional)
 - Free day

Day 29:

- **Travel back to Dhaka:** Flight from Cox's Bazar to Dhaka; End of tour.